

## Ridge Watcher of the Month September 2015

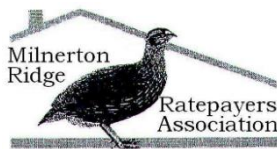


★  
**MUGG & BEAN**  
R250 Voucher

**Ina Du Plessis**

Under Ina's diligent team leadership, we have a number of volunteers who have offered up some of their time at the SAPS Milnerton station. We thank Ina for taking on the responsibility of coordinating this process and also to each person who spends their time in providing much needed assistance with administrative tasks at the front desk. SAPS staff are truly grateful and have come to miss the volunteers when none have been available.

*Ina, Maureen Verster, Wendy Jacobs, Bev Jones & Jeanne Ackermann,*  
**THANK YOU ALL!**



## MRRA AGM

*Please save the date!*

Tuesday, 10 November 2015

19H00

Lions Hall, Milnerton Drive

### Proposed Agenda

Welcome ★ Rietvlei Talk ★ Chairman's Report  
Address by MR Ward Councillor ★ Q&A  
Committee 2016 Election ★ General ★ Closing

## Recycling

**2.2 tons recycled in 5 weeks!**



www.cleanc.co.za



### Boxes checked to date

- entrepreneur encouraging,
- world saving,
- product recycling,
- landfill saving,
- community educating and
- job creation

e-mail [recycle@mrnwatch.org.za](mailto:recycle@mrnwatch.org.za) to join the cool gang!



## Halloween 31 October 2015

Milnerton Ridge children (of all ages) are invited to join in the Halloween festivities this year!

Official Trick or Treat time between 5:30 and 8:00,

ending with a picnic in Clairwood Park  
BYO food, drinks and chairs or picnic blankets

Prizes will be awarded for Best Dressed in Various Age Categories, as well as for Best Decorated House!!

Orange pumpkins will be distributed shortly.

These can be stuck on your doors to indicate participation.



### CRIMEWATCH - MRNW

In support of the MRNW,



Crimewatch have pledged to donate R500 towards our kitty for each new household signing up with them from now until end of February 2016.

Please contact Jacqui on [admin@mrnwatch.org.za](mailto:admin@mrnwatch.org.za) to join CW, or click [here](#) for more info.



## You are invited to attend the Rietvlei Open Day

within Table Bay Nature Reserve,  
Sandpiper Crescent Off Grey Avenue

[www.capetown.gov.za/tablebaynr](http://www.capetown.gov.za/tablebaynr)



Set the date!

Date: 14 Nov 2015  
Time: 09h00 - 17h00  
Entrance Fee: FREE



Power Boating - R10, Sailing, Windsurfing, Stand up paddling, Swimming pools, Galley and Cash Bar, Jumping Castle, Face Painting, Crazy Soccer, Basketball, Live music and Entertainment by Peter Wyness and much more....

**M.A.C**  
milnerton aquatic club

[www.milnertonaquaticclub.co.za](http://www.milnertonaquaticclub.co.za)



Bird Hide Walks - Free  
Discovery Race - R100/team  
Fishing competition - R100/team  
[www.friendsofrietvlei.co.za](http://www.friendsofrietvlei.co.za)



**SANCCOB**  
saves seabirds  
Penguin Tours - R20  
[www.sanccob.co.za](http://www.sanccob.co.za)

**Pink Drive**  
Early detection saves lives

Prostate screening (finger prick) - R50  
Clinical breast examinations - R0  
Mammograms - R600  
[www.pinkdrive.co.za](http://www.pinkdrive.co.za)